

Old Sigh Series

Cataumet, Massachusetts

SAILING INSTRUCTIONS

2013

1. RULES

Rule shall races will be governed by the Racing Rules of Sailing (RRS), these sailing instructions and the PHRF-NE class rules.

2. SCHEDULE of RACES

Prior to 1750 on the day of racing, each yacht that intends to participate in the racing must check in with the race committee (RC) either by hail or on VHF CH78.

The warning signal for the SK Division will be at 1755. The warning signal for Cruising Division (non-spin) will be 1 minute after the SK Division start. The Racing Division warning signal will be 1 minute after the start of the Cruising Division start.

No race will be started after 1900.

3. COURSES

Courses will be posted on the course board on the starboard side of the committee boat and will be indicated by a number.

A list of the numbered courses is available on the Old Sigh website.

4. MARKS

The starting line will be located between Scraggy and Wings Neck.

The starting line will be between the Eustis Rock buoy and an orange flag on the committee boat or between an orange inflatable mark and an orange flag on the committee boat.

All other marks of the course will be government buoys as described in the course sheet.

5. ORAL INSTRUCTIONS

Hails to the race committee should be limited. The race committee may not be able to respond to requests for information unless code flag "L" (black and yellow large checks) is displayed.

6. THE START

Racing will be started under RRS 26 (5-4-1-0 minute sound and flag signals) as modified below.

A courtesy sound/radio call may be made in advance of the first sound signal to advise that the start sequence is imminent.

Stuart Knockabout Division will start first followed by Cruising Division followed by the Racing Division. Sound and visual signal will be as follows:

<u>Time to Start</u>	<u>Visual Signal</u>	<u>Sound</u>
5 Min	Hoist Class Flag	1 long
4 min	Hoist "P"	1 long
1 min	Drop "P"	1 long
START	Drop Class Flag	1 long

A yacht whose warning signal (class flag hoist and 1 long sound) has not been made shall keep clear of the starting area and of all yachts whose warning signal has been made.

7. RECALLS

Code flag "X" (blue cross on a white field) will be displayed and one sound made for Individual recall.

The race committee will attempt to call the sail number(s) of yacht(s) over early by hail and broadcast on VHF CH 78.

8. CHANGE of COURSE AFTER THE START

The race committee may shorten the course after the start of the race. The finish of the shortened course will be between a mark of the course and a blue flag on the committee boat. The committee boat will fly code flag "S" (white field with a centered blue square) to indicate a shortened course.

9. THE FINISH

The finish will be between the Eustis Rock buoy and a blue flag on the committee boat.

For yachts taking their own finish time, the finish line will be "close aboard" the Eustis Rock marker.

10. TIME LIMIT

The time limit will be 1 Hour and 30 minutes for all races. Yachts finishing more than 30 minutes after the first yacht finishes should record their own finish time and report that time to the race committee.

11. RETIRING

Any yacht that retires from racing before completing the race must make every effort to notify the race committee that they have retired.

12. PROTESTS

Protests are discouraged. Race participants are encouraged to rectify rule infractions by executing a 360 degree turn on the race course during the race.

A protesting yacht should attempt to notify the protested yacht on the race course and must notify the race committee upon finishing or retiring. All protests will be filed in person before race participants at the Kingman Yacht Club approximately 1 hour after the finish of the last yacht. Each party interested in the protest will be given 2 minutes to present their case before the race participants. Protest will be decided by a

show of hands. Losing party will provide refreshments for all race participants following the next race.

13. SCORING

Race results will be based on time on distance allowances and PHRF ratings.

Appendix A of the RRS will be used to score each race.

Series scoring will also use Appendix A as described and modified in the NOR.

An attempt will be made to keep a second scoring system that will adjust PHRF ratings based on finishes in prior races. PHRF ratings will be reduced by 8% for first place, 5% for second place and 3% for third place. Rating adjustments will hold for three races and will be compounded.

14. RESAILS

If a racing is cancelled for any day or days, the cancelled race will not be resailed.

15. NUMBERS/MARKINGS

Yachts should attempt to have a unique number or marking on their main sail.

16. LIFE SAVING EQUIPMENT

All competitors must wear an approved PFD at the start and finish of each race.

17. VISUAL SIGNALS

N over A (small blue and white checks over red and white vertical stripes) – All races for the day are abandoned.

AP (red and white vertical stripe pennant) – All races not started are postponed.

P (blue field with centered white square) – Preparatory signal.

Class Flags

Stuart Knockabout	Red
Cruising Division	Yellow
Racing Division	Blue

